

**Korsi Yoga
200-Hour Yoga Teacher Training
Application**

First Name _____

Middle Name _____

Last Name _____

Street Address _____

City, State, Zip Code _____

Phone Number (____) _____

E-Mail _____

Date of Birth _____

Emergency Contact Name _____

Relationship to You _____

How did you hear about Korsi Yoga Teacher Training?

*If you were referred by a Korsi Yoga teacher or student please indicate the teacher and/or student's name _____

Yoga Experience

How long have you been practicing yoga?

How long have you had a consistent practice? (practicing yoga 4–7 times per week)

How many times, on average, do you practice per week?

On average, how long is your practice?

What style(s) of yoga do you primarily practice?

Have you practiced at Korsii Yoga before?

With a Korsii Yoga Teacher? Teacher's name: _____

Education

Have you received a high school diploma or GED? _____

Please select the highest level of college education (number of years): _____

Advanced degree (please describe)

Please list any body-centered trainings you have completed (e.g., yoga, massage therapy, dance, Pilates):

Work

Current occupation _____

Number of years _____

Previous occupation _____

Number of years _____

Any other occupation information you wish to provide?

Language

Are you fluent in English? _____ If no, please describe your level of proficiency: _____

Please note Korsi Yoga Teacher Training requires each student be able to comprehend and to respond with written and oral communication in English.

Health

Are there any health concerns the Korsi School of Yoga should be aware of in order to support you in this training? If yes, please explain.

Letters of recommendation (optional)

To support your application, you may submit up two letters of recommendation documenting how your training will be used to support your current and/or future work.

Personal Questions

1. Please provide a description of your typical yoga practice, including examples of postures you practice during a typical session.

2. Besides yoga, please list any other types of physical activity you typically engage in and how often (e.g., running—3 times a week; dancing—once a week.)

3. Why do you want to be certified as a yoga teacher at this time in your life?

4. What do you know about Korsi Yoga? Why have you chosen to become a Korsi Yoga teacher?

5. How do you plan to apply your yoga skills to your life and work?

6. What teaching/leadership skills do you currently embody that would support your future work as a yoga teacher?

Program date you are applying for:

Certification Criteria

Although the great majority of students who attend the 200-hour certification program are certified as Korsi Yoga teachers, certification will not be granted to any student who fails to demonstrate the following:

1. A basic understanding of the principles underlying the yoga system, as well as the specific philosophies, teachings, techniques, and methodology essential to the Korsi Yoga approach.

2. Competency in the full range of practical skills required to safely teach Korsi Yoga to others.

3. A level of emotional maturity, mental stability, and personal integrity sufficient to create and maintain a safe and sacred environment that allows the personal transformation of students to occur.

4. The ability to be a yoga teacher, including the good judgment required to interact with students in a professional manner that safely and effectively brings them the benefits of yoga, as reflected in the student's conduct inside and outside of the class during the course of training.

Please understand that your completion of the above requirements will be assessed through a set of standards that include an attendance policy, review of homework assignments, the evaluation of practice teaching sessions, and behavioral guidelines. While efforts will be made throughout the training to provide students input on teaching or other challenges that might impede certification, it is important to understand that not every student who is accepted, pays tuition, and participates in the Korsi Yoga program is guaranteed certification, even upon the completion of all the required assignments.

At the start of the program, you will be asked to sign a written agreement detailing your responsibilities as a student and the standards used to assess your eligibility for certification.

I acknowledge that all information submitted in this application is true and accurate to the best of my knowledge. I understand that incomplete or inaccurate information may result in my non-acceptance or dismissal from the program. I acknowledge that I have read the certification criteria listed above and, should I be accepted to attend the Korsi Yoga teacher training, I understand I will be evaluated using these criteria.

Printed Full Name

Signature

Date